



## Equipment list - "Hiking" Wachau World Heritage Trail, Jauerling-Tour & Nibelungengau long distance trail

For great memories of your hiking experience and to enjoy the surrounding nature, please consider to take some general gear which is listed below:

- Hiking boots.
- Comfortable socks.
- Backpack (if possible with rain protection).
- Hiking map and/or the mobile route planner for Android or iPhone
- Stage descriptions of each tour:
  - Via: <u>www.welterbesteig.at</u> you can find the stage descriptions of Wachau World Heritage Trail and the Jauerling-Tour.
  - Via <u>www.nibelungengau.at</u> you can find the stage descriptions of the Nibelungengau long distance trail.
- If available: GPS-device.
- Charger and mobile phone with the phone number of the mountain rescue on speed dial: 140
- Walking sticks or telescopic hiking poles.
- Always take bottles with enough drinking water.
- First aid kit. When it occurs more often: sticking plaster to treat blisters.
- Personal medications.
- Raincoat with hood or a cap.
- General weatherproof clothing. If you hike in winter make sure to take gloves and warm clothes.
- Some extra clothes just in case, if you need to change during a tour.
- Pocket knife or cutlery for a snack lunch.
- Headlamp or flashlight
- Sunglasses, sunscreen and a hat.
- Slippers for the stay in the accommodation.
- Swimwear.
- Camera.
- Some cash if you visit a tavern or a restaurant on your way.
- Field glasses only optional.

This list contains only some suggestions and should be seen as an addition to your own personal needs.

## Please contact us for information

## Donau Niederösterreich Tourismus

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